

DanceHouse Schedule - November 2007

Dance Ireland Programme		
Event / Class	Time	For Further Info Please Contact
ICNWP morning class (open to all) with Rebecca Walter Firkin Crane, Cork 1-7 November	10am to 11.30am	Dance Ireland P: 01 8558800 E: info@danceireland.ie W: www.danceireland.ie
Open company class (ballet) with Rex Levitates (Grant McLay) 5-9 November	10am to 11.30am	
Open company class (contemporary) with Rex Levitates (Jenny Roche) 12-16 November	10am to 11.30am	
Professional morning class (contemporary) with Ríonach Ní Néill 19-23 November	10am to 11.30am	
Professional morning class (ballet) with Ester O'Brolchain 26-30 November	10am to 1pm	
ICNWP 2007 Sharing 7 November <i>with Jane Kellaghan, Inma Moya, Andrea Pastorella, Catherine Young</i> Mentor: Wendy Houstoun Venue: Firkin Crane, Shandon, Cork	5.30pm	
Professional morning class (contemporary) with Ross Cooper 10-14 December	10am to 11.30am	
Torsion Dance Exhibition by Norabeth Hogan	Ongoing to December	

Evening Classes		
Mondays		
Class	Time	For Further Info Please Contact
Ashtanga Yoga (beginners) with Paul Clancy	7pm to 8pm	M: 087 6785898 E: inbox@paulclancy.net W: www.paulclancy.net
Pilates (beginners) with Paul Clancy	6pm to 7pm	M: 087 6785898 E: inbox@paulclancy.net W: www.paulclancy.net
Nia with Ann Rigney	6.30pm to 7.30pm	M: 087 9832433 E: ann.niadublin@gmail.com
Contemporary Dance with Mariam Ribon	7pm to 8.30pm	M: 086 8639702 E: mariammola@yahoo.ie
Drama Workshop with Abbey Smith 10, 17 Dec only	7pm to 8.30pm	M: 087 6612792 E: identity.info@gmail.com W: www.freewebs.com/abigailsmith
Egyptian and Oriental Dance with Bellydance Ireland Advance booking essential	8pm to 9pm	P: 01 2963856 M: 086 8886036 W: www.bellydanceireland.com
Jazz (beginners) with Lisa Tyrrell Drop-in class rate: €12	7pm to 8pm	M: 087 9674278 E: lisa.tyrrell@gmail.com
Jazz (intermediate) with Lisa Tyrrell Drop-in class rate: €15	8pm to 9.30pm	M: 087 9674278 E: lisa.tyrrell@gmail.com
Tuesdays		
Class	Time	For Further Info Please Contact
5 Rhythms tm Ecstatic Dance with Caroline Carey €25 per session	7pm to 9.30pm	M: 087 2572098 E: cg5rhythms@gmail.com W: www.carolinecarey.com
Ballet (beginners) with Lisa Tyrrell Drop-in class rate: €12	7pm to 8pm	M: 087 9674278 E: lisa.tyrrell@gmail.com
Ballet (intermediate) with Lisa Tyrrell Drop-in class rate: €15	8pm to 9.30pm	M: 087 9674278 E: lisa.tyrrell@gmail.com

Ballroom dance with Just Dance <i>Next 6 wk course starts 13th Nov</i>	8pm to 9pm	M: 01 8273040 E: info@justdance.ie W: www.justdance.ie
Hip Hop with Just Dance <i>Next 6 wk course starts 13th Nov</i>	7 to 8pm	M: 01 8273040 E: info@justdance.ie W: www.justdance.ie
Pilates (beginners) With Studio 32	6.15pm to 7.15pm	P: 087 0557166 E: info@studio32.ie
Pilates (beginners 2) With Studio 32	7.30pm to 8.30pm	P: 087 0557166 E: info@studio32.ie
Salsa (beginners) with Latin instructors Vitor (Brazil) & Anna (Cuba) <i>Course: €55</i>	8 to 9pm	M: 087 6206372 W: www.salsamania.ie
Cardio Salsa with Wanderson (Brazil) with Latin instructors Vitor (Brazil) & Anna (Cuba) <i>Course: €45 / Drop-in: €13</i>	9 to 10pm	M: 087 6206372 W: www.salsamania.ie
Salsa / Latino with Just Dance <i>Next 6 wk course starts 13th Nov</i>	9 to 10pm	M: 01 8273040 E: info@justdance.ie W: www.justdance.ie
Ballroom dance with Just Dance <i>Next 6 wk course starts 13th Nov</i>	8 to 9pm	M: 01 8273040 E: info@justdance.ie W: www.justdance.ie
Wednesdays		
Class	Time	For Further Info Please Contact
Aikido (beginners) with Cyril Lagrasta & Guillaume Erard	8.30pm to 9.30pm	M: 087 2303460 P: 01 8749595 E: clagrasta@hertz.com / aikivador@gmail.com W: www.dublinaikido.com
Contemporary Dance with Mariam Ribon	7pm to 8.30pm	M: 086 8639702 E: mariammola@yahoo.ie
Embodiment: dance and movement meditation with David Mooney €15 per session / 6 sessions €75	7.30pm to 9.30pm	M: 086 0546556 E: davidmooney@gmail.com
Liberation Dance Workshop with Kalichi	8pm to 9.30pm	M: 086 3787647 E: info@kalichi.com W: www.kalichi.com

Pilates (beginners) With Studio 32	6.15pm to 7.15pm	P: 087 0557166 E: info@studio32.ie
Pilates (improvers) With Studio 32	7.30pm to 8.30pm	P: 087 0557166 E: info@studio32.ie
Thursdays		
Class	Time	For Further Info Please Contact
Ballet (adults) with Hilda Van den Bergh <i>until 8th Nov</i>	7.30pm to 9pm	M: 087 1264483 Text or ring
Ballet (beginners) with Hilda Van den Bergh <i>from 7th Nov</i>	7.30pm to 8.45pm	M: 087 1264483 Text or ring
Ballet (improvers) with Hilda Van den Bergh <i>from 7th Nov</i>	8.45pm to 9.55pm	M: 087 1264483 Text or ring
Ballroom / Latin American with Lia Mullins	6.30pm to 7.30pm	M: 086 3763406 E: dance@liamullins.com W: www.liamullins.com
Modern Bellydance With Ireland Dance Stars Drop-in class €10	7pm to 8pm	P: 086 2078377
Hip Hop with Rob Dias	9pm to 10pm	M: 085 1756556 / 085 7159425 W: www.rob-dias.com
IMDT Contemporary dance with Lucy Dundon <i>From 15th Nov</i>	7pm to 8pm	P: 01 6715113
Saturdays		
Class	Time	For Further Info Please Contact
Latin American (children) with Lia Mullins	3.30pm to 4.30pm	M: 086 3763406 E: dance@liamullins.com W: www.liamullins.com