

Professional Development - Outreach/Education

The following is the list of our activities in the community. This will expand to include more activities as time goes on, so do check back regularly.

Macushla Dance Club

Free weekly two-hour dance and healthy movement classes for over 50's residents of Dublin NorthEast Inner City, based in DanceHouse. Classes are led by professional dance teacher Ríonach NíNéill and are specifically designed to give older people access to dance irrespective of financial or physical circumstances. Unleashing their inner dancer with a mix of gentle exercises to music and dance routines in a variety of dance styles, they build confidence in their movement abilities, improve physical fitness and are an important social focal point in the participants' week. Each dance class is followed by tea and biscuits in the foyer of DanceHouse.

A year-long **Civic Social and Political Education project** has started with a class group from the local **Larkin Community College**. This ambitious project, developed in association with the Hugh Lane Gallery, aims to create a body of original creative work based on the Harry Clarke stained glass piece 'The Eve of St Agnes', part of the Gallery Collection. Dance teacher Michelle Nic ChonUlla has been teaching weekly dance modules sessions in DanceHouse since January, involving a group of students, a CSPE teacher and an artist in residence.

Ongoing **weekly dance classes** in the National College of Ireland. Hip-hop and yoga classes for students and members of staff.

Lately, Dance Ireland outreach programme has expanded beyond the NEIC area to support the creation and performance of an **intergenerational dance work** combining professional dancers and 8-14 year old residents of **North Clondalkin**. The project seeks to explore concepts about place and environment through the medium of dance. Led by Ríonach Ní Neill, the project will be hosted by Ronanstown Youth Service in Clondalkin and supported by South Dublin County Council Arts Office. This project has just been awarded an Artist in the Community Award towards a first phase of research and development.